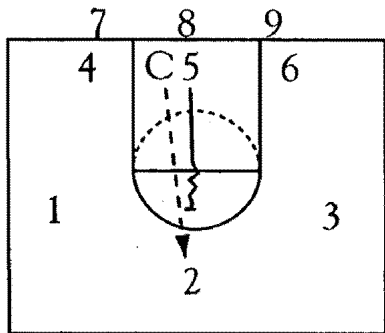


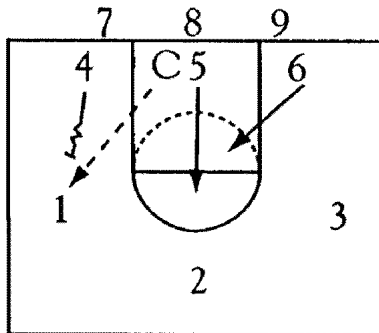
# DRILL

## DEFENSE - THE CLOSE-OUT - 3 ON 3 LIVE

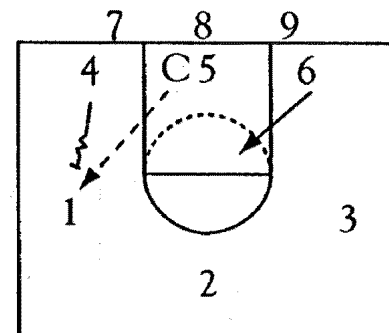
The following defensive closeout drill, "3 on 3 Live," is designed to improve the closeout and work on helpside defense.



The Coach (C) has the ball. Players #4, #5, and #6 are numbered. C calls a number or numbers. C tosses the ball to any offensive player. The defensive player(s) whose number is called sprints out, closes out, and guards the ball. Play is live until a defensive stop or a basket.



C may call 1, 2, or 3 numbers. If all three numbers are called, the closest defender closes out on the ball, and the remaining defenders close out in a help position. Play is live until a defensive stop or a basket.



C may call only 2 numbers. If so, the closest player closes out on the ball and the other player goes to the basket. On each pass, the closest player closes out on the ball and the other player goes to the basket. Play is live until a defensive stop or a basket.