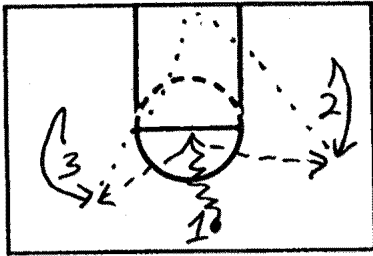
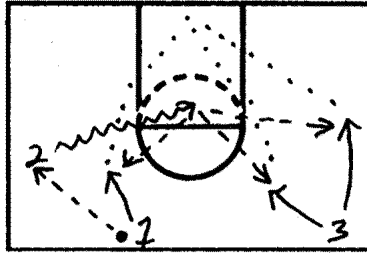


TRANSITION BASKETBALL - CREATING THE THREE POINT SHOT

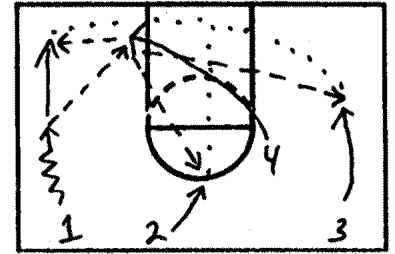
Diagrammed below are six techniques which create the three point shot in transition. The techniques may also be incorporated into a secondary break.



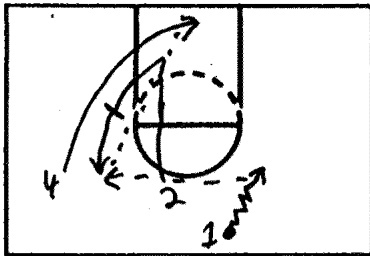
#2 and #3 run the wings ahead of #1. #1 penetrates as far as possible into the lane and stops. #2 and #3 stop and curl behind #1. #1 passes to either #2 or #3 for the three pointer.



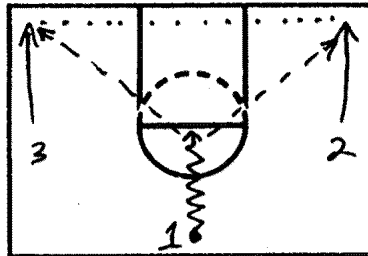
#2 and #3 are ahead of #1. #1 passes ahead to #2. #2 penetrates into the middle of the lane. #3 curls down or to the middle depending on the defense. #1 curls behind #2. #2 passes to #1 or #3 for the shot.



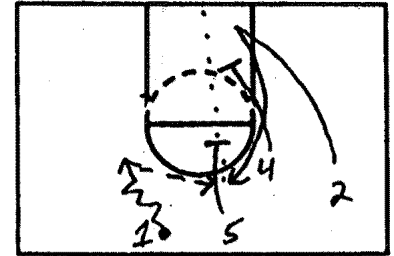
#1 takes the ball to the wing. #2 and #3 spot up on the circle. #4 sprints to the ballside block. #1 passes to #4. #1, #2, and #3 spot up for the shot. #4 passes to the open player.



#2 runs to the basket, pivots, and sets an upscreen for #4. #4 runs off #2's screen to the basket. #2 screens and steps out for the shot. #1 passes to #2 for the three pointer.



#2 and #3 are ahead of #1. #2 and #3 continue to the corner. #1 penetrates into the lane and goes as far as possible. #1 passes to either #2 or #3 for the three pointer.



#2 sprints to the basket. #1 takes the ball off the circle opposite of #2. #4 and #5 sprint to the basket and set a staggered screen for #2. #2 comes off of screens for shot.