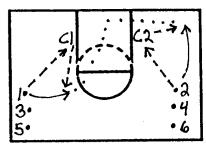
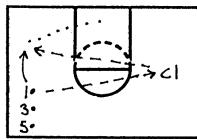
ZONE DRILLS TO DEVELOP THE ZONE PRINCIPLES - II

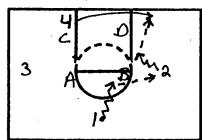
Diagrammed below are three drills to help develop the zone principles.



"Step Into Gap" - #1
passes to #C1 and #2
passes to #C2. #1 and
#2 curl either down or
to the top. #C1 passes
to #1 and #C2 passes to
#2. #1 and #2 take shot.



"Double Skip Pass" - #1 skip passes to #C1. #1 curls down outside the circle. #C1 skip passes back to #1. #1 takes shot and follows.



"Attack The Box Zone" #1, #2, #3, and #4 are in a 1-3-1 set and attack the box zone. The offense uses are zone principles.

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