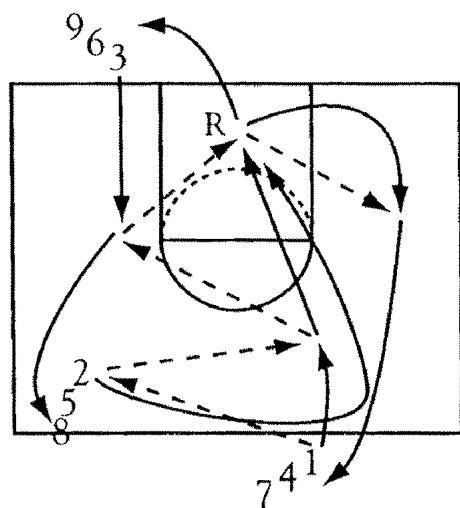
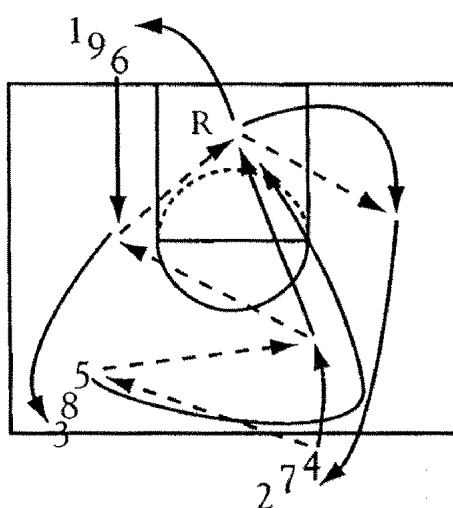


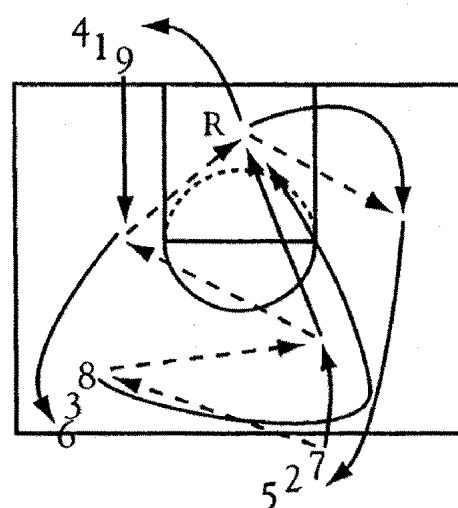
## THREE MAN / FIVE PASS WARM-UP DRILL



#1 passes to #2 and breaks in. #2 passes to #1 and breaks around #1 to the basket. #3 breaks out, and #1 passes to #3. #3 passes to #2 for the lay-up. #3 replaces #2. #1 goes for the rebound. #2 breaks to the wing. #1 rebounds and passes to #2. #2 replaces #1, and #1 replaces #3.



#4 passes to #5 and breaks in. #5 passes to #4 and breaks around #4 to the basket. #6 breaks out, and #4 passes to #6. #6 passes to #5 for the lay-up. #6 replaces #5. #4 goes for the rebound. #5 breaks to the wing. #4 rebounds and passes to #5. #5 replaces #4, and #4 replaces #6.



#7 passes to #8 and breaks in. #8 passes to #7 and breaks around #7 to the basket. #9 breaks out, and #7 passes to #9. #9 passes to #8 for the lay-up. #9 replaces #7. #7 goes for the rebound. #8 breaks to the wing. #7 rebounds and passes to #8. #8 replaces #7, and #7 replaces #9.