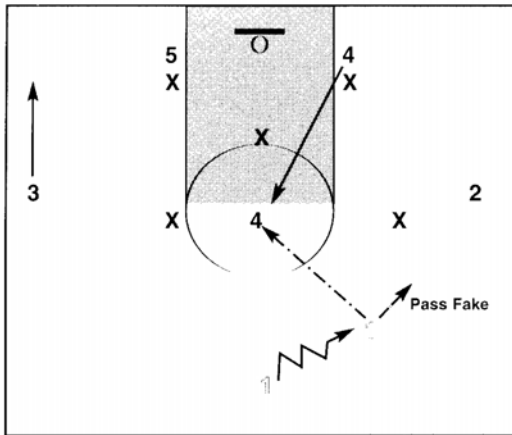


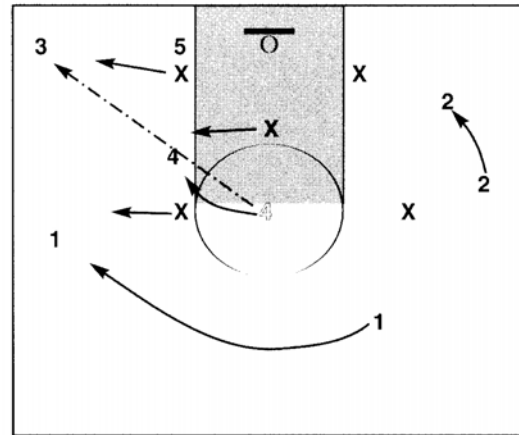
(vs. Zone) OFFENSIVE PLAY: JO-BALL



NOTES:

FRAME 1

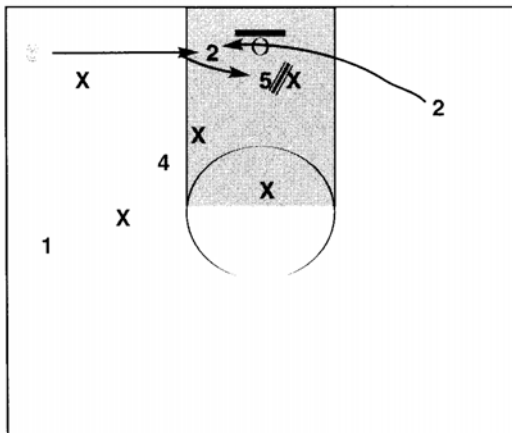
Against a zone defense (2-1-2 or 2-3) 1 has the ball at the top. 1 will fake the ball to 2 as 4 is flashing to the foul line to give him a passing angle into the middle. The pass comes from 1 into 4 at the foul line. On the pass, 3 slides down toward the corner.



NOTES:

FRAME 2

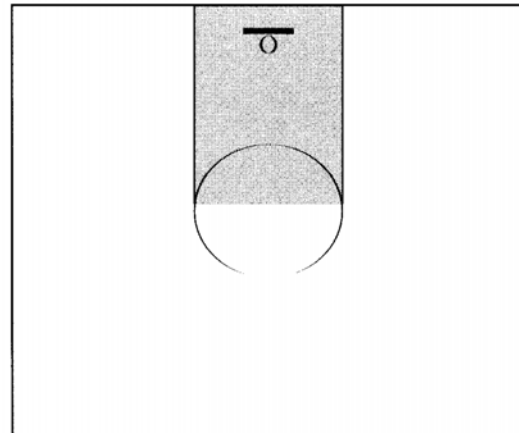
As the defense reacts to the pass to the middle, 3 again slides down into the corner. 4 will pass the ball to 3 in the corner and post up hard at the elbow or even mid/high post area asking hard for the ball (decoy) to bring the middle defender up on him. 1 will then roam to the wing after he passes to 4 in the middle. 2 then slides down a little bit as 4 has the ball.



NOTES:

FRAME 3

5 crosses along the baseline and sets a solid pick for 2 coming from the weak side. The pass to the middle will occupy the middle defender and the quick pass from 4 to 3 to the corner will have to occupy the bottom defender on the ball side, otherwise 3 has a trey. A solid pick from 5 will leave 2 with an easy lay-up or a short jumper. 1 must fill in the ball side wing because if the middle defender slides down to the block to defend the pass to 2, then the top defender on the ball side will have to defend both 4 and 1. With options to 2, then 4 and 1 if 2 ends up covered...you should get a good shot off.



NOTES:

FRAME 4

The keys to this play are:

- 1) A quick pass from 4 to 3 breaking to the corner.
- 2) 5 and 2 must time their pick and it should be quick, but 2 must be patient and wait for 5's pick
- 3) 4 must work hard in the mid/high post asking for the ball to occupy the middle defender.